



UBC Curriculum Proposal Form Change to Course or Program

Category: (1)

Faculty: Health and Social Development Department: Health Studies Faculty Approval Date: Effective Session Fall Term 1 Year 07 for Change	Date: October 11, 2006 Contact Person: Dr. Joan L. Bottorff Phone: (250) 807-9901 Email: joan.bottorff@ubc.ca
Proposed Calendar Entry: INTRODUCTION Bachelor of Arts in Health Studies (In the Faculty of Health and Social Development) Health Studies is an exciting new interdisciplinary degree focused on the emerging fields of health services research and evidence-based health and social policy. The program offers an in-depth examination of the nature and scope of the health and health care issues facing Canadian society, and the analytic tools to formulate innovative and sustainable solutions. Curricular themes include determinants of health, health promotion, health policy, and sustainability at the global, national and local levels. The program develops knowledge and skills related to health care management, health services research and enhancing the foundations of a healthy society. Health Studies at UBC Okanagan promotes a practice-relevant approach that draws heavily on social and health sciences. The Bachelor of Arts in Health Studies is a 120 credit degree program, with third and fourth year concentrations in <i>Health Policy and Evaluation</i> and <i>Health and Sustainability</i> .	URL: N/A Present Calendar Entry: N/A Type of Action: Approval of Bachelor of Arts in Health Studies calendar description for admissions and courses. Rationale: Only one university in British Columbia, University of Northern British Columbia, (UNBC), is offering an interdisciplinary undergraduate degree based on social sciences and health studies, although UBC does offer a Minor in Health Studies at its Vancouver campus. Apart from UNBC's program, only two undergraduate programs with a clear curricular logic, as opposed to a menu of health-related courses, currently exist in Canada. One is at the University of Calgary and the other is at York University. Both are relatively new and both are over-subscribed. The proposed UBC-Okanagan program is unique. It differs substantially from the recently approved UNBC program and the proposed SFU one. UNBC, quite appropriately, is focusing in its <i>Environmental and Aboriginal and Rural</i> concentrations on issues of particular importance to the region it serves. UBC-O's proposed two concentrations, <i>Health Policy and Evaluation</i> and <i>Health and Sustainability</i> , grew out of UBC-O's



UBC Okanagan's Health Studies program emphasizes interdisciplinary and interprofessional approaches to the study of health-related social and organizational phenomena. Students will participate in case-studies and inquiry-based learning, individual and group activities and community projects. The curriculum includes core, concentration and elective courses, giving students common foundational knowledge as well as the opportunity to complement their choice of specialization with courses of personal interest.

Graduates will find work within local, national and international health, social service and government organizations, pursue graduate studies or enter health professions.

Program Options: Health Policy and Evaluation Health and Sustainability

Admissions: The admission requirements to the UBC Okanagan Bachelor of Arts in Health Studies are described in _____ of the UCB Calendar.

Website:

http://web.ubc.ca/okanagan/hsd/Health_Studies.html

ADMISSION AND PROGRESSION REQUIREMENTS

ADMISSION REQUIREMENTS

Application for admission to the Bachelor of Arts in Health Studies must be made through Enrolment Services. Due to the enrolment limitations, the academic standing required for admission may be higher than the published University minimum, and not every qualified applicant will be offered admission.

strategic planning and community consultation processes. They are organized around the themes of sustainability, globalization, social justice and population health, while maintaining a practical dimension reflected in the mandatory community service and practicum components. Similarly, substantial differences exist between UBC-O's proposal and SFU's. The latter emphasizes technical and behavioural dimensions of health and health care whereas UBC-O's orientation is toward policy, health care management and community-based health and social services. The UBC-O, UNBC and SFU health studies initiatives are, then, best thought of as complementary as opposed to competitive.

Creation of the new program broadens and deepens not only the Faculty of Health and Social Development, but also the I.K. Barber School of Arts and Sciences and the new School of Management. The proposed new program strongly complements, indeed includes core courses needed by, the proposed new degree in Human Kinetics (Health and Social Development) and the proposed new Minor in Aging (I.K. Barber School). The courses within the Health Studies program also strengthen, in the form of highly relevant electives, existing programs in Management, Social Work, Nursing, Sociology and Psychology.

Demand: University of Calgary reports approximately 350 qualified applicants for 30 available seats in their Bachelor of Science in Health Studies program. As noted, the University of York health studies program is also oversubscribed.

Health and health care are central features of Canadian society and a major source of rewarding employment opportunities. The health care landscape is complex and



Admission from Secondary School

Procedures, policies, and admission requirements to the University of British Columbia and the Department of Health Studies are specified in Chapter II, “*Admission to UBC Okanagan*,” p.13. Applicants must present successful completion of Principles of Math 11 or the equivalent.

Admission from Post-Secondary Institutions

Transfer students who have completed transferable course work at another accredited post-secondary institution will be considered for admission. The minimum academic standing to qualify for admission to the University as a transfer student is successful completion of 24 transferable credits. A minimum grade-point average of 2.00 (on a 4-pt scale) is required to be considered for admission, although a higher competitive average may be required. Academic standing is based on the average on all college or university courses attempted, including failures and repeated courses. In the case of applicants with more than 30 credits of prior study, the admission average is calculated on the basis of the most recently completed 30 credits.

Transfer applicants should present transfer credit in Mathematics. If an applicant is not able to fulfill this requirement at the post-secondary level it must be fulfilled at the high school level. Students with unsatisfactory standing or who have been required to withdraw from another post-secondary institution will not be considered for admission.

Transfer students who are admitted will be required to complete all Core Courses that are necessary for completion of the Bachelor of Arts in Health Studies degree.

subject to rapid change in relation to health funding, governance, policy, technology, and deployment of human and technical resources. The field of health presents citizens, federal and provincial politicians, civil servants, health care professionals and managers with some of the most challenging issues facing Canadian society today. It is essential, therefore, that university students, as future community, provincial and national leaders, have the means available to understand the nature and scope of the health care issues facing Canadian society now and in the future. The Faculty of Health and Social Development proposes the development of the Department of Health Studies and associated academic program to address this need.

The theory and practice of health service delivery have changed considerably in the past two to three decades. Among these changes are:

1. The integration of health care programs into merged entities and/or regional health authorities, creating major opportunities for improving effectiveness and efficiency, but also presenting management challenges.
2. The incorporation of population health knowledge and concepts into health systems expectations, legislated mandate, and program delivery.
3. The expansion of data bases, information processing and applied health research.
4. The advent of “evidence-based medicine” and “evidence-based decision making”, with their emphasis on research-based information.



Transfer applicants must have completed 24 transferable credits in order to transfer into second year. To be eligible for transfer into third year, transfer applicants must have completed 48 transferable credits. Transfer applicants are encouraged to complete the Core Courses as soon as possible as enrolment in the third and fourth year level HEAL courses may require the completion of the Core Courses prior to registration.

PROGRESSION REQUIREMENTS

Promotion is dependent on the successful completion of a minimum number of credits as listed below:

Students who have completed 27 credits are promoted to second year. Students who have completed 54 credits are promoted to third year. Students who have completed 84 credits are promoted to fourth year.

MINOR IN HEALTH STUDIES

(Pending approval by the Faculties of Arts and Sciences and Management)

Students in completing a Bachelor of Arts, a Bachelor of Science, or Bachelor of Management may complete a Minor in Health Studies at the discretion of their Faculty. For more information, refer to each program's Calendar entry on Minors.

PROGRAM SPECIFICATIONS

The program is governed by the UBC Okanagan regulations and policies regarding Bachelor of Arts degree program except as set out below. As is the case with Bachelor of Arts degrees, the proposed Bachelor of Arts in Health Studies is a 120 credit undergraduate degree. All students must complete 6 credits of approved 100-

5. Growing awareness and publicity of the extent and toll of error in health care, and the quality improvement movement.
6. A call for greater accountability for the massive amounts spent on health care, often spearheaded by provincial auditors-general.
7. Recognition of the need to move "upstream" developing policies, programs and interventions that are sustainable, promote health, reduce vulnerability and prevent disease and disability.
8. A general sense that there remains a large gulf between what ought to be done, and what is done—the unfilled prescriptions of numerous high-level reports and recommendations.

Educating students and preparing them to work effectively in this complex and changing environment are difficult challenges. Numerous programs in Canada and elsewhere offer what can generally be termed "health studies" degrees. Yet in spite of the proliferation of health studies offerings, there is a less than perfect fit between what contemporary health systems need and what education programs are providing.

Among the competencies highly sought among graduates, but weakly addressed by existing programs, are:

- Excellent communication skills, such as the ability to synthesize and present complex information for diverse audiences, and present quantitative information in a clear and accessible manner.
- An historical understanding of health and health systems issues, and a level of sophistication about the political,



<p>level English, a minimum of 6 credits of Science and satisfy the Bachelor of Arts language and distribution (List A and B) requirements. Students must complete 12 lower division (100 and 200 level) Health Studies credits and 30 upper division (300 and 400 level) Health Studies credits. All Health Studies students must complete the program's core courses <u>and</u> the courses associated with either one of the two concentrations (Health Policy and Evaluation or Health and Sustainability). Additionally, all Health Studies students are required to complete a minimum of 18 upper division (300 and 400 level) non-Health Studies credits.</p> <p>Note that all baccalaureate courses delivered in Health Studies by the Faculty of Health and Social Development are deemed to be Arts courses for the purpose of Bachelor of Arts in Health Studies students completing degree requirements, and should not be counted as outside electives.</p> <p><u>All Health Studies students must complete the following core courses:</u></p> <p>HMKN 1--(3) Healthy Lifestyles (pending approval)</p> <p>HEAL 100 (3) Introduction to Health Studies</p> <p>HEAL 213 (3) Health and Social Policy in Canada</p> <p>HEAL 2- - (3) Canadian Health Care System</p> <p>HEAL 2- - (3) Determinants of Health</p> <p>HEAL 3- - (3) Methods of Data Analysis</p> <p>HEAL 3- - (3) Health Research Methods</p> <p>HEAL 3- - (3) Health Program Evaluation</p> <p>HEAL 4- - (3) Health Leadership and Effecting Change</p>	<p>social and economic environments.</p> <ul style="list-style-type: none"> ▪ A total systems perspective, e.g., how to measure performance across domains, allocate resources across sectors of care, etc. ▪ Technical skills in information processing and statistical reporting, combined with knowledge of context and how information relates to decision making. ▪ Familiarity with a range of methodologies and analytic tools, e.g., epidemiological analysis, demography, survey methods, quantitative and qualitative research methods, etc. ▪ An understanding of the policy process, pathways of influence and change. ▪ A grounding in ethics and sustainability as they relate to population health and health care. ▪ Exposure to diverse health-related work environments. ▪ Ability to undertake policy and program analyses and evaluations. <p>The proposed program explicitly deals with all of those components.</p>
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HEAL 4- - (3) Health Studies Practicum

Students concentrating in the Health Policy and Evaluation program stream must, in addition to the core courses, complete:

HEAL 313 (3) Health Economics

HEAL 3- - (3) Health Policy and Politics

HEAL 4- - (3) Sustainability and Health Care Reform

Health Policy and Evaluation students must also complete a minimum of six credits from the following list of courses:

HEAL 3- - (3) Health Law

HEAL 3- - (3) Global Health Trends and Local Impacts

HEAL 4- - (3) Public Health, Ethics and Human Rights

HEAL 4- - (3) Topics in Health Studies

Students concentrating in the Health and Sustainability program stream must, in addition to the core courses, complete :

HEAL 3- - (3) Healthy and Sustainable Communities

HEAL 3- - (3) Global Health Trends and Local Impacts

HEAL 4- - (3) Reducing Health Disparities Among Vulnerable Populations

Health and Sustainability students must also complete a minimum of six credits from the following list of courses:

HEAL 3- - (3) Indigenous Peoples and Health

HEAL 3- - (3) Healthy Aging

HEAL 4- - (3) Public Health, Ethics and Human Rights

HEAL 4- - (3) Topics in Health Studies



MINORS

Students completing the Bachelor of Arts in Health Studies may also complete a Minor in Arts (e.g., Aging, Women's Studies, Indigenous Studies, Psychology, Sociology, etc.) or Science. Other minors (e.g., Human Kinetics and Management) may be available in the future. Students must accumulate no fewer than 30 credits and no more than 42 credits in the minor out of the 120 credits required for the BA in Health Studies. At least 18 of these credits must be numbered 300 or above.

Students will be encouraged to design a coherent, academically sound course of studies for their program Minor, which must be approved in writing by the Health Studies Program Advisor at the beginning of Year 2. Students who pursue a Minor should be aware of the prerequisites for many of the upper-level courses in Arts and Science.



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<p>HEAL 2 - - DETERMINANTS OF HEALTH (3.0)</p> <p>Examining the relationships between biological, psychological, social and economic factors to understand inequities in health outcomes for different individuals and populations. Pre-requisite: Second year standing</p> <p>HEAL 2 - - CANADIAN HEALTH CARE SYSTEM (3.0)</p> <p>Medical, hospital, community health and long-term care in Canada, including the evolution of health and hospital insurance policies, efforts to renew the Canadian health care system, innovations in primary health care and current issues confronting health providers and policy makers. Pre-requisite: Second year standing</p> <p>HEAL 3—METHODS OF DATA ANALYSIS (3.0)</p> <p>An introduction to basic statistics and methods relevant to the analysis and interpretation of quantitative data pertaining to health and social well-being. Pre-requisite: Second year standing</p> <p>HEAL 3-- HEALTH RESEARCH METHODS (3.0)</p> <p>Introduction to the research methods commonly encountered in health research, including quantitative and qualitative designs, providing a basis for</p>	<p>HEAL 100 - INTRODUCTION TO HEALTH STUDIES (3.0)</p> <p>A general orientation to the theories of health, health research and policy, sustainability and health and the issues facing the health of Canadians.</p> <p>HEAL 213 - HEALTH AND SOCIAL POLICY IN CANADA (3.0)</p> <p>Analysis of major health and social policies in Canada and review of federal and provincial policies in the areas of housing, employment, income, support for children and families, hospitals, medical care and community health services. Pre-requisite: Second year standing</p> <p>HEAL 313 INTRODUCTION TO HEALTH ECONOMICS (3.0)</p> <p>The aim of the course is to introduce students to economic thinking and techniques which are of use in analysing and planning health policy, in particular the delivery of health services.</p>



comprehending more fully the research literature relevant to health studies. Pre-requisites: HEAL 3--, Methods of Data Analysis

HEAL 3 - - HEALTH POLICY AND POLITICS (3.0)

Health policy formation and implementation across the affluent democratic states. The role of politics in defining policy problems and finding politically feasible solutions. Pre-requisites: HEAL 2--, Canadian Health Care System.

HEAL 3-- HEALTH PROGRAM EVALUATION (3.0)

An introduction to the key concepts and methods used in evaluation of health programs. Prerequisite: HEAL 3--, Methods of Data Analysis or its equivalent.

HEAL 3—HEALTHY AND SUSTAINABLE COMMUNITIES (3.0)

Examination of the interrelationships between social and environmental factors and contexts, and the health of individuals, communities and populations.

Prerequisites: HEAL 100, Third year standing.

HEAL 3—HEALTHY AGING (3.0)

Health priorities for the elderly and inter-sectoral initiatives to positively influence physical, mental and social well-being and functioning. Prerequisite: HEAL 100, Third year standing.

**HEAL 3-- – INDIGENOUS PEOPLES
AND HEALTH (3.0)**

A critical investigation of Indigenous people's health, including: how colonization impacts well-being, the role of traditional knowledge in health care and Indigenous health systems; and methods informing indigenous health care policy. Prerequisites: Third year standing.

**HEAL 3-- GLOBAL HEALTH
TRENDS AND LOCAL IMPACTS (3.0)**

Global health trends within and across countries and regions and how these global realities affect health and health care locally. Prerequisites: HEAL 100, Third year standing.

**HEAL 4— REDUCING HEALTH
DISPARITIES AMONG
VULNERABLE POPULATIONS (3.0)**

Students will have an opportunity to synthesize the knowledge and competencies they have acquired to solve a problem related to socioeconomic, gender-related, and/or geographic inequalities in health and promote equity for vulnerable populations. Prerequisites: 4th year standing. HEAL 4--, Health Studies Practicum is a co-requisite.

**HEAL 4 - - HEALTH LEADERSHIP
AND EFFECTING CHANGE (3.0)**

Examines the complex range of organizational, ethical and professional factors associated with managing or supervising personnel in health and social service agencies and develops students' ability to influence constructive change from staff positions within complex organizations. Prerequisites: Third year standing



HEAL 3- - HEALTH LAW (3.0)

An overview of the sources of law and critical perspectives on legal regulation of the health care enterprise. Prerequisites: Third year standing

HEAL 4- - HEALTH STUDIES PRACTICUM (3.0)

Provides opportunities for students to apply and consolidate knowledge and skills by working in community settings. Co-requisite: HEAL 4--, Sustainability and Health Care Reform or HEAL 4--, Reducing Health Disparities Among Vulnerable Populations

HEAL 4- - PUBLIC HEALTH, ETHICS AND HUMAN RIGHTS (3.0)

An introduction to theoretical and practical aspects of ethics and public health, with a focus on developing analytical skills to evaluate ethical issues related to public health issues. Equity and human rights will be addressed. Pre-requisites: Third year standing.

HEAL 4- - TOPICS IN HEALTH STUDIES (3 / 9) D

Examination of selected topics and issues in health studies. Pre-requisites: Third year standing.

HEAL 4 - - SUSTAINABILITY AND HEALTH CARE REFORM (3.0)

Students will have an opportunity to synthesize and apply the knowledge and competencies they have acquired through



coursework to analyze a health care issue and develop innovative solutions that reflect the need to support sustainable health care reform. This is a capstone course. Prerequisites: Fourth year standing. HEAL 4--, Health Studies Practicum is a co-requisite.

Electives:

Recommended 100 and 200 level courses

Biology 116 (Biology for Science Majors I) and Biology 125 (Biology for Science Majors II)

Biology 117 (Evolution and Ecology) and Biology 122 (Physiology of Multicellular Organisms) – courses designed for non-biology majors

Biology 131 (Human Anatomy and Physiology I) and Biology 133 (Human Anatomy and Physiology II)

Sustainability 100 (Sustainability)

Anthropology 111 (Introduction to Biological Anthropology)

Anthropology 205 (Women in Cross-cultural Perspective)

Anthropology 227 (Culture Health and Illness)

Economics 101 (Microeconomics) and 102 (Macroeconomics)

Economics 112 (Canadian Economy)

Economics 260 (Poverty and Inequality)

Geography 128 and 129 (Human Geography)

Geography 255 (Social and Cultural Geography)

History 122 (Canada Since 1867)

Philosophy 120 (Logic and Critical Thinking) and 125 (Scientific Reasoning)

Philosophy 230 (Ethics)

Political Science 101 (Government of Canada)

Political Science 240 (Currents of Political Thought)



Psychology 111 (Basic Processes) and 121 (Personal Functioning)
 Psychology 220 (Lifespan Development)
 Psychology 240 (Health and Adjustment)
 Sociology 111 and 121 (Introduction)
 Sociology 280 (Aging)

Recommended 300 and 400 level Electives

Economics 352 (Public Sector Economics)
 Geography 359 (Advanced Social and Cultural Geography)
 Philosophy 433 (Bio-medical Ethics)
 Psychology 317 (Health Psychology)
 Psychology 371 (Community Psychology)
 Sociology 362 (Social Inequality)
 Sociology 480 (Aging, Diversity and Inequality)
 Sociology 485 (Sociology of Health and Illness)
 Nursing 321: Health IV: Health Promotion and Community Development
 Social Work 456 (Social Work Practice with Diverse Populations)

UBC College Of Health Disciplines
 Electives (If distance delivered)

IHHS 300 (Working in International Health)
 IHHS 301 (First Nations Health and the Traditional Role of Plants)
 IHHS 400 (Health Care Team Development)
 IHHS 401 (Health Care Ethics)
 IHHS 402 (HIV/AIDS Prevention and Care)
 IHHS 403 (Interdisciplinary Practice with Children and Families)
 IHHS 404 (First Nations Health: Historical and Contemporary Issues)
 IHHS 405 (Palliative Care)
 IHHS 406 (Aging from an Interdisciplinary Perspective)
 IHHS 407 (Disability and Justice)
 IHHS 3- - (Health Informatics (expected to



be distance delivered by Sept 2007 from UBCV)

CONTACT INFORMATION

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